Let's Play! Activities for Families

REUSE, RECYCLE AND CREATE

Focusing on Engagement with Others, Materials and the World



WHAT IS REUSE, RECYCLE AND CREATE?

This activity helps children develop respect, empathy, patience and responsibility. It teaches them about the consequences to the earth we live on if we don't change our ways in dealing with materials we throw out.



WHAT IS REUSING AND REDUCING?

Think about the possibilities of a product before you throw it away. It could be reused for another purpose. Reusing is different from recycling, but it does lead to reduced consumption, which means less pollution and more of our natural resources being left intact. Reducing consumption of physical objects is important, as is reducing our use of electricity, water and gas to make new products.

Reuse plastics for water play and toilet paper tubes for painting!



WHAT IS RECYCLING?

Recycling is how we take trash and transform it into new products. Recycling reduces the use of raw materials to produce new products. It also reduces the energy we use. As a result, it helps improve the quality of air and water, and therefore fights against climate change.



CHILDREN'S TIPS FOR RECYCLING, REDUCING AND REUSING

Recycling does not have to be difficult. With the tips below, anyone can recycle and help our environment for current and future generations.

- Reduce the amount of products you buy, use and throw away
- Set up a recycling bin. Your home should be equipped with recycling bins throughout the house. Make it easy to separate recyclables from other trash
- Recycle as many cans, bottles, books, metal, aluminum, glass, newspapers and electronics you can
- Reuse things as much as you can turn that old t-shirt into a rag!
- Shut off the water when brushing your teeth
- Instead of paper napkins, use a washcloth. Stop buying disposable paper products!
- Unplug chargers for your cell phone when not using it
- Put your PC to sleep instead of leaving it running with the screen on
- Turn off lights you are not using them





ACTIVITY

Let's create a Sensory Bin!

- Collect recyclable items, such as milk jugs, tin cans, paper cups, plastic lids, strings and papers.
- Decorate the jugs. Fill a bin with the "trash" or recyclable items.

- Read a story about recycling, garbage trucks, or the **JUNKYARD** by Mike Austin.
- Use a dice to roll. Whatever number pops up, you recycle that amount of "trash" into the mouths of the jugs.

Children learn how their actions affect nature and the planet. They use their language skills, creativity and communication. Talk about what you can do with that garbage. Can you reuse it for something else?



OUTSIDE EXTENSION

Make a bird feeder out of reusable items and go outside to connect with nature. https://youtu.be/QgJJ2O KdMM









RECYCLING SONG

(Sing to Row, Row, Row your Boat)

Save, save, save your **PAPERS**, Throw them in the bin, We can help to save the Earth, If we all pitch in

Save, save, save your **BOTTLES**, Throw them in the bin, We can help to save the Earth, If we all pitch in



Save, save, save your **PLASTICS**, Throw them in the bin, We can help to save the Earth, If we all pitch in

Save, save, save your **CANS**,
Throw them in the bin,
We can help to save the Earth,
If we all pitch in

REFERENCES

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We respectfully acknowledge that the land on which we gather is the unceded, traditional, and ancestral territory of the Coast Salish Peoples, including the territories of the x^wməθkwəýəm (Musqueam), Skwxwú7mesh (Squamish), and Səlílwəta?/Selilwitulh (Tsleil-Waututh) Nations.







